

## **Project 2- Development of a Lay-Health Worker Curriculum**

**What is the Project?** The HWI Training of the Trainers (TOT) Program is an ongoing education project that educates interested east end resident leaders on the basic backgrounds of common chronic illnesses so that they may return to their communities to serve as a resident resource to encourage healthier behaviors. This program is currently undergoing a phase of structural redevelopment to include curriculum development.

**What are the Goals of the Project?** (1) Develop a year-long Lay Health Worker curriculum in conjunction with HWI stakeholders; (2) Assist TOT program chairs to coordinate and organize TOT lectures to optimize the effectiveness of the program; (3) Evaluate the effectiveness of the TOT curriculum as well as participant satisfaction/feedback.

**Who Cares and Why?** The Seventh District Health and Wellness Initiative (HWI) wants to provide East End residents and health educators/clinicians with the appropriate tools, support and knowledge necessary to develop a cadre of successful lay health workers who are comfortable in sustaining a culture of wellness.

**What Help is Needed?** Specific needs/skills/interests include:

1- Up to two individuals interested in health curriculum development, health communication, behavioral change, or program development.

2- Some comfort using statistical packages/statistical programming languages (ie: SAS, SPSS or R) and at least one semester of graduate-level statistics is helpful but not necessary. This is appropriate for a first- or second-year graduate student or a motivated undergraduate junior/senior.

2- The ability to maintain communication and organization across multiple stakeholders. Willingness to maintain attention to detail is important for success. This is appropriate for a first-year graduate student or mature undergraduate junior/senior.

**What is the Time Commitment?** This is a long-term project. Interested individuals should expect to invest on average 5-15 hours/week throughout the entire academic school year. Attendance at monthly stakeholder meetings will be expected. Attendance at monthly educational programs may be requested. The majority of this work will be under the supervision of Ms. Jameika Sampson, Manager of Program Evaluation and Sustainability at Bon Secours Health System and is likely to fulfill practicum or internship requirements. Long-term follow-up activities can also be pursued for a student who may be interested in developing a research question for a Capstone project.